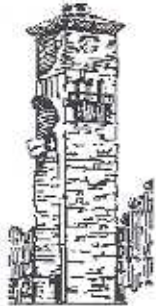


About the TEXAS WANDERERS



The 1999 award, the Clock Tower at the Quadrangle.

The **TEXAS WANDERERS** is San Antonio's oldest "Volkssport" club. Our aim is to promote walking and other volkssports and to encourage fellowship among the participants.

Although we are organized under the sponsorship of the Outdoor Recreation Center of Fort Sam Houston, membership is open to all persons regardless of race, sex, religion or military status.

Additionally, the TEXAS WANDERERS are active in the community by collecting **NON PERISHABLE FOOD** items for a local food pantry at all meetings and events sponsored by the TEXAS WANDERERS.

What is VOLKSSPORTING?

The sport is governed by the International Federation of Popular Sports (IVV) and the American Volkssport Association (AVA). The AVA is a nonprofit, charitable organization whose goal is to promote physical fitness through stress-free exercise which is organized and fun events known as Volkssports. Volkssports include non-competitive 10 kilometer (6.2 mile) walks, predetermined bike events or swim events. It's not a race, it's a fun activity you do with a club, with your family, with your

pet, with your friends or all by yourself. There are 5 active volkssport clubs in San Antonio, many throughout the United States and around the world.

Local clubs host the walking events, our Trail Master selects a trail for safety, scenic interest, historic areas, natural beauty and walk ability. The trails are marked or maps provided. Trails may be in cities, towns, parks, forests, rural areas, anywhere there is an interesting place to walk. We welcome new members, but you don't have to join the club to enjoy the volkssporting events. All events are open to the public.

The events are fun and informative - go at YOUR own pace: stroll, powerwalk, or jog. Everyone who participates is a winner and is eligible to receive the event award. Volkswalk events are a great way to get regular exercise, meet new friends, and learn more about the areas where you walk.

MEMBERSHIP ADVANTAGES:

As a new member, you will receive a club patch free of charge and a membership card showing dues are paid for the year. The club newsletter "**TEX'S TRAIL TALK**" features a schedule of area walks that can be easily pulled from the newsletter for reference, updates from the American Volkssport Association (AVA), the Texas Volkssport Association (TVA), and helpful columns relating to various subjects.

Club memorabilia (sweat shirts, T-shirts, "Lil Tex" club pins, club patches, nametags etc) may be purchased at reasonable rates.



Dogs can walk too.

CLUB AWARDS:

Members of the **TEXAS WANDERERS** can participate in a variety of award programs in addition to the IVV event and distance awards.


Texas Volkssports Association's Ten Event Award - a patch for members who complete 10 sanctioned events in the state of Texas during a calendar year. (First year patch \$4.00 ea. and 2nd year through 11th year petal \$1.50 ea.)

Texas Volkssports Association's Twenty Event Award - is a continuation of the ten in Texas award and begins in the twelfth year. Members who have completed 20 sanctioned events in the state of Texas during a calendar year are eligible for the Twenty Event Award. (First year patch \$4.00 ea. and subsequent year petals \$1.50 ea.)

Chuck Steuhm Award - an annual award commemorating the late Chuck Steuhm and honoring one exemplary volksmarcher each year.

IVV INDIVIDUAL ACHIEVEMENT AWARDS:

Individual Achievement Awards are granted by the IVV to individuals based on the number of events completed and kilometers walked. IVV Event and Distance Record Books cost \$5.00 each and may be purchased at the various walks. New walker packets are available for participants new to volkssports. Packet includes 2 books and coupons, a \$25.00 value for \$5.00! When you complete the walk, your record books will be certified at the Finish Desk.

 Certification is a coded stamped impression indicating the event completed and the distance walked. We urge you to obtain your record books as early as possible in order to receive IVV credit for all events and kilometers you complete.

Visit our 2009 Year
Round events:

11 Km Year Round Volkswalk
at the
RIVER WALK SOUTH
and

12 Km Year Round Volkswalk
at the
RIVER WALK NORTH
in
SAN ANTONIO, TX



2004 award for the Riverwalk
YRE is shown. There is no "A"
award for 2009

and the
10 Km Year Round Volkswalk
At
FORT SAM HOUSTON



**Interested ???
Want more information ??**

For more information regarding the
TEXAS WANDERERS and Volkssport
please feel free to contact any one of
the following:

Linda Goodman
Membership Secretary
102 Wildridge Trail
Universal City, TX 78148-5506
210.658.2160
lgwalking fool@yahoo.com

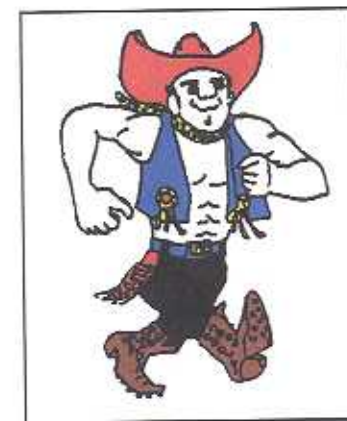
OR visit the following web sites:

AVA web site: www.ava.org

TVA web site: www.walktexas.org

Texas Wanderers web site:
www.walktx.org/TexasWanderers

**TEXAS
WANDERERS**
OF
Fort Sam Houston, TX



AVA 006

TEXAS WANDERERS