

KERRVILLE TRAILBLAZERS WALKING CLUB

Newsletter

April - May, 2008

www.walktx.org/kerrvilletrailblazers

www.ava.org

A Health Update on Some of Our Friends – Prayers appreciated!

Lea Bell	In rehab, following a stroke, Edgewater Care Center, 1213 Water St., Krvl.
Arthur Clough	Recovering at home, from brain surgery –326 Harville Rd., Krvl.
Bill Parker	In rehab, following a fall - River Hills Health Center and Rehab, Room 112, 2090 Bandera Hwy, Krvl.
Barbara Pryor	Diagnosed with Mycobacterium Avian Infection, rather than lung cancer, which was first diagnosis – 424 Fitch, Krvl
In Memoriam	Shirley King, 74, of Ingram – Long-time Trailblazer Husband, Jeff King, 208 Live Oak, Ingram, 78025

Here's a Wrap-up of the First Three Months of 2008

January Meeting Held on February 4th

We were honored to have Curt Myron, the American Volkssport Association president, from Washington state, as the guest speaker for our January meeting. Barb Prior and Marie Tiner, with the help of other members, coordinated a lovely reception, following his presentation.

I think he laid to rest the issue of sanctioned walkers versus local walkers. He affirmed the presence of both in a club. In fact, he said that his, is an integrated family. Although he is an avid sanctioned walker, his wife is a “fun” walker. If you change the word “versus” to “and” in sanctioned walkers vs local walkers, which becomes sanctioned walkers AND local walkers, we can see the strength in that little change. Together, our club members, both sanctioned and local walkers, have accomplished much in our 25 years of existence! Kudos to our club members!!!

The motto for the American Volkssport Association is fun, fitness and friendship. He emphasized the word, “fun,” and encouraged us to make our walks, meetings and other events, “fun.”

He said that although AVA clubs are not money-makers, we can raise money through donations or by securing sponsors. He encouraged us to spend our money in new and innovative ways.

He said that their club, like ours and many others, have difficulty finding members who will take leadership roles as officers. He said to share roles, so that time involvement is not so great. We have already done that by having more Co-Chairmen than ever before. Take a look at p.1 in your 2008 directory. He said that to encourage new leadership, that prospective officers must know that support will be there to help them.

February 25th Meeting,

This was a planning meeting, using an activity known as SWOT. We looked at the **S**trengths, **W**eaknesses, **O**pportunities, and **T**hreats to our club. I have compiled the information from the forms that were submitted by members and the verbal input that was given at the meeting.

Following the March meeting, where I reported the findings of the SWOT activity to our members, the compilation of the feedback from members was given to the Executive Board members for their consideration. This information confirmed the tremendous strengths of our club and its members. It also revealed a few areas where improvement is needed. We looked backward to reveal our strengths and weaknesses. Now we must look forward to assure our club remains strong through the next 25 years. If each year, we establish one or two goals for ourselves to improve our performance as a club, we will celebrate our 50th with as much enthusiasm as we have celebrated our 25th. It is not a matter of "changing the club," it is a matter of getting better and better at what we do.

March 24th Meeting – Executive Board Action:

? 2008 and 2009 Sanctioned Walks

The Executive Board voted to resume having our fall walk on the 4th weekend of September. Our 2008 fall walk will be on September 27th & 28th at Upper Turtle Creek. Carol Talpey will be the Event Coordinator for this walk. Our spring 2009 walk will be held on April 4th and the fall, 2009 walk on September 25 & 26th.

? Yellow Club Shirts

Since there has not been enough interest shown in ordering what we call our "official" club golf-type shirts, the Executive Board voted to order the original yellow tee shirts to have for sale at the Sales table. They will have the large Trailblazer logo on the front and the words, Kerrville Texas Trailblazers on the back. They must be ordered 12 at a time with a few shirts of different sizes. If you're interested in a shirt, contact Nell McCandless immediately to make sure that she has the size that you need. Remember....*the more members who wear our yellow shirts, the more visibility we have in our community!*

? Resignation of Executive Board Member

The Board regretfully accepted the resignation of Jack Milburn, as Co-Trail Director. Jack cited the time commitment; in addition to that of his many other volunteer efforts in the community, as his need to resign this position. We'll miss you on the Board, Jack!

OTHER NEWS OF INTEREST

Spring Sanctioned Walk – March 15th

Our 3rd big event of the year was our March 15th sanctioned walk at the Kerrville Schreiner City Park. Our Trail Directors, Larry Hesketh and Jack Milburn, did an awesome job of selecting, measuring and marking the trails for this wonderful walk. LuAnn Andreasen did a fabulous job of coordinating this event, which was super complicated because of our collecting the park fees and figuring out how to get our members in for the workers' walk and the sanctioned walk, without paying the park fees. Her "above and beyond," ideas to have free refreshments and "goody" bags for the first 125 guest walkers, were very well received by our guests and our workers. Judy Perry and her Registration team greeted our guests with big smiles and gave them a big "Hill Country welcome." Major publicity efforts were made by Carol Biggs and Nancy Norton in reaching new audiences, with news of our walk. Our Sales table ladies, Nell McCandless and Joyce Pinckney, may have broken the record for selling new walker packets. We couldn't have made it without our "behind the scenes," folks, Dick and Nancy Norton and Wayne Mednick, who were in charge of supplies for the walk. Our worker sign-up sheet was completed before we left the meeting on February 4th. Yea! A huge thank-you to all members who helped in any way, directly or indirectly, in the promotion and implementation of this walk. A special thanks to those who purchased annual park passes, to help accommodate the transportation of our walkers into the park and to those who made donations to our cause. See below the walk report submitted by the Event Coordinator for our Spring walk, Luann Andreasen.

KERRVILLE TRAILBLAZERS SANCTIONED WALK
KERRVILLE-SCHREINER PARK
SATURDAY, MARCH 15, 2008

The event had 198 total participants for the 10k and 5k walks; including 5 children. The weather for the day was beautiful -- sunny, with a high of 82?.

Participants came from the following areas:

65 from the Kerrville area
15 from other Hill Country communities
98 from San Antonio and surrounding areas
7 from the New Braunfels/San Marcos area
3 from the Austin area
1 from Dallas
9 from elsewhere around the state
198 TOTAL

Goody bags were given to the first 125 walkers. They included donations from local businesses: maps, granola bars, raisins, koozies, notepads, pens, bowling passes and wildflower seed packets. Shirley Conrad of Converse, Texas won the drawing for a free dinner at Mamacita's. All participants were also treated to cake, cookies and coffee.

Overall the comments were very positive:

"Great walk and great refreshments!"
"I'm coming to all of Kerrville's Sanctioned walks."
"Would definitely come back again."
"Thumbs up!!"

Many THANKS to all the volunteers and donators who made this event a success!!

LuAnn Andreasen
(Event Coordinator)

1st 2008 Highway Trash Pick-Up

According to our Chairperson, Virgil Altwein, we had a wonderful turn-out of 24 members, which significantly reduced the time to do the work. Virgil extends his thanks to the following members. Thanks, too, to Charlie Hunsucker for picking up the bags of accumulated trash in his pickup. Our participating members were:

Virgil Altwein, Inez Bligard, Jake Bligard, Arlene Bush, Bob Bush, Barbara Cox, Dotte Dunne, Sherry Egloff, Sonny Heath, Larry Hesketh, Charlie Hunsucker, Asa Jewell, Muriel Johnson, Ginger Keene, Phil Latham, Jack Milburn, Lawrie Nomer, Judy Perry, Edna Platt, Barbara Pryor, Carol Talpey, Robert Theis, Jim Wasson, Melinda Wasson

For all those who are physically able, your participation in this service project is greatly appreciated. For those, like me, who cannot help with this project for various health reasons, we wish we could help.

Publicity

We now have new Trailblazer business cards in our famous bright yellow color and updated New Member flyers, thanks to the efforts of Carol Biggs and Nancy Norton. I hope that you'll keep a few in your purse, wallet, car, etc. to distribute to interested friends, neighbors, or acquaintances. You might also put one on the bulletin board of various places that you frequent....gyms, grocery stores, even on the staff bulletin boards of your doctor, dentist, accountant, etc. I encourage you to keep your eyes open and look for places to post a card and perhaps, a couple of flyers.

MARK YOUR CALENDAR FOR THE FOLLOWING DATES:

April 26th Increase the visibility of the Trailblazers by participating in the Senior Games "2-Mile Walk for Fitness" at Kerrville Schreiner City Park- Start time is at 10 a.m. No entry fee into park - \$5 registration fee without official Senior Games tee shirt - \$15 with shirt- According to a Senior Games spokesperson, our own Marilyn Milburn will have Senior Games registration forms available at the Park walk and will be collecting the fees – Event is sponsored by SAS Shoes - Sponsor gifts awarded to entrants that complete this non-competitive walk. Wear yellow –

****The local walk on this day, April 26th, has been changed to Wharton Rd on Hwy 173, which is closer to the Park, so that those interested can join the Senior Games walk at 10 a.m. The Byas Springs local walk will be on April 12th. ***.*

April 28th Trailblazer meeting – Speaker to be announced
May 19th Trailblazer picnic at Judge Brown's river property; No meeting on May 26th
June 5th Highway Trash Pick-up – Time changes to 7 a.m.
June 7th Local walk time changes from 8 a.m. to 7 a.m.

Welcome New & Returning Members: (See directory information below.)

February...Deborah "Debbie" Mills
March.....Nancy Ray and Mike Walker.

If any new member hasn't received his or her New Member packet, including a directory, Please contact Georganna Bell at ganna4@omniglobal.net or 367-2355.

MAKE THESE CHANGES IN YOUR 2008 DIRECTORY

ADD:

Debbie Mills, 1404 Panorama Dr., 315-778-4000, peedubs@msn.com

Nancy Ray, 1401 Vesper Dr., 210-358-2387, nray1022@aol.com

Mike Walker, 1303 Vesper Lane, 895-2724, texasarch@texxa.net

E-mail address for Marie Tiner: mtiner@windstream.net

Mailing address and week-day telephone number for Pam Cann
P.O. Box 1003; 210-771-4603

DELETE

All information for Natalie Morales

E-mail address for Bob & Arlene Bush

E-mail address for Dan Kieglar and Shirlee Toon

E-mail address for Ginger Keene because of problems with e-mail.; Change to gingerdty@yahoo.com

YEAR-ROUND WALKS

We are so fortunate to have four Year-Round walks, right here in Kerrville, thanks to the efforts of Barbara Cox. As of the March 24th meeting, twelve walkers had walked one of the routes during March. If you're interested in doing a Year Round walk, let me know. These walks can be recorded in your AVA Event and Distance books, that are found in a New Walker packet.

LOCAL WALK SCHEDULE FOR APRIL & MAY (*Indicates change from original schedule)

April 2008 Walk Leaders - Dick and Nancy Norton

Sat Apr 5	Goat Creek Rd./Buckhorn Lake RV Resort at I 10	Kerrville #23
Sat Apr 12	*Byas Springs Rd. off Hwy 27	Ingram #9
Sat Apr 19	Freidrich Rd. off White Oak Rd.	Harper #3
Sat Apr 26	*Wharton Rd./ River Rd.	Kerrville #2 (Wayne Mednick, Walk Leader)

May 2008 Walk Leader - Carol Talpey

Sat May 3	Hasenwinkle Rd. off Hwy 1341	Cypress Creek #1
Sat May 10	* Holdsworth Blvd	New - Inaugural
Sat May 17	Highlands Ranch Estates off Shepard Rees	Kerrville #14
Sat May 24	Eagle Ridge Rd. off Hwy 173	Hwy 173 #4
Sat May 31	Windmill Ridge off Hwy 1341	Kerrville #15

IVV Event and Distance Awards

Congratulations to: Joyce O'Rear – 100 Events & 1000 KM, Shirley Toon – 375 & 4,500 KM, Dan Kieglar - 400 Events & 5,500 KM, Alicia Rase – 700 Events

AVA SANCTIONED WALKS FOR APRIL AND MAY,

If you see a sanctioned walk that you'd like to try, contact me and I'll find someone with whom you can carpool. It's always more fun to have someone with whom to walk and talk...and eat, of course. (:
Barb 257-2663 or barb2663@kvc.com

4/12/2008 - 4/12/2008 - Walk
Event Number : 80143 10k
Start : Bobcat Soccer Complex 1101 Academy Dr.
Event City: San Marcos
Host Club : San Marcos River Walkers
Event Website:
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

100 E. Laurel Lane
San Marcos, Texas 78666
Contact : Barbara Piersol, (512) 396 - 4463
E-Mail: bpiersol@grandecom.net
Club Website: www.geocities.com/Yosemite/Gorge/8195.

4/19/2008 - 4/19/2008 - Walk
Event Number : 80140 10 KM
Start : Medical Department Museum, Ft. Sam Houston, San Antonio, TX
Event City: San Antonio
Host Club : HQ U.S. Army Medical Command
Event Website: www.walktx.org/TexasWanderers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
102 Wildridge Trail Universal City, Tx 78148
Contact : Gerald Kamicka, (210) 658 - 2160
E-Mail: GeraldK726@aol.com
Club Website: www.walktx.org/TexasWanderers

4/26/2008 - 4/27/2008 - Walk
Event Number : 80244 5K & 10K
Start : J Snell Building, 1050 E. 11th Street
Event City: Austin
Host Club : Colorado River Walkers
Event Website: www.coloradoriverwalkers.org
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
3109 Rogge Lane
Austin, Tx 78723
Contact : Carol Obianwu, (512) 928 - 9301
E-Mail: cobianwu@mail.utexas.edu
Club Website: www.coloradoriverwalkers.org/

5/3/2008 - 5/3/2008 - Walk
Event Number : 80684 10km
Start : Woodrose Winery
Event City: Stonewall
Host Club : Selma Pathfinders
Event Website:
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
PO Box 700946 San Antonio, TX 78270-0946
Contact : Phyllis Eagan, (210) -49 - 1402
E-Mail: papre1947@yahoo.com
Club Website: www.geocities.com/Yosemite/Gorge/8195

5/10/2008 - 5/10/2008 - Walk
Event Number : 80586 10 KM
Start : San Antonio Botanical Gardens
Event City: San Antonio
Host Club : Texas Wanderers
Event Website:
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
102 Wildridge Trail Universal City, Tx 78148
Contact : Gerald Kamicka, (210) 658 - 2160
E-Mail: GeraldK726@aol.com
Club Website: www.walktx.org/TexasWanderers

5/16/2008 - 5/16/2008 - Walk
Event Number : 79728 5km/10km
Start : Beethoven Maenerchor Halle und Garten
Event City: San Antonio
Host Club : Randolph Roadrunners
Event Website: www.geocities.com/randolphroadrunners/
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
120 Thomas Edison Drive, Schertz, Texas 78154-1019
Contact : Nancy & Tony Paulson, (210) 658 - 8324
nantony6@hotmail.com
Club Website: www.geocities.com/randolphroadrunners/