

**ELIGIBILITY:** Noncompetitive walks open to all, families are encouraged to participate. Children under 12 must be accompanied by an adult. Everyone must register and sign a waiver of liability. \$3.00 fee per walk.

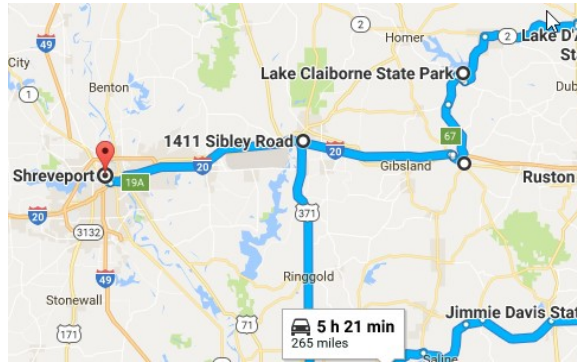
Registration and stamps for all walks are available at the Minden location which is the easternmost walk. However, if you are traveling from a different direction and would like to register beforehand, contact Helen Hull, and directions and insert cards will be mailed to you.

**SPECIAL GROUP WALKS:** Join us MLK weekend, Jan 13-15, for group walks starting at the Best Western – Minden. Meet others and carpool to the various walks.

**WATER and RESTROOMS:** Usually available at start/registration and sometime along the routes.

**DISCLAIMER:** The East Texas Trekkers sponsors these events. Neither the sponsor nor the cooperating entities are liable for accidents, theft and/or material damage. Reasonable efforts have been taken to make these events safe and enjoyable.

**MINDEN – WEBSTER PARISH**



**DIRECTIONS:** These walks are located in North Central Louisiana. Registration point for all walks is the Best Western – Minden, 1411 Sibley Rd, Minden or remote registration by contacting Helen Hull at [HelenTheHun@yahoo.com](mailto:HelenTheHun@yahoo.com). From I-20, north on US-371 .3 miles to Best Western on the left. Minden is 30 miles east of Shreveport. Directions to walk start points included with the directions.

- Minden – Arcadia – 25 Miles**
- Minden – Lake Claiborne SP – 35 Miles**
- Minden – Lake D’Arbonne SP – 65 Miles**
- Minden – Ruston – 40 Miles**
- Minden – Jimmie Davis SP – 70 Miles**
- Minden – Coushatta – 45 Miles**

Visit the East Texas Trekkers web site for more information on our club, group walks, and events.

Contact: Helen Hull - 972-530-1026  
[helenthehun@yahoo.com](mailto:helenthehun@yahoo.com)

[www.WalkTx.org/EastTexasTrekkers](http://www.WalkTx.org/EastTexasTrekkers)

**EAST TEXAS TREKKERS  
 AVA-0863**



**LOUISIANA GETAWAY  
 2018 – 7 YREs  
 7 Parishes**

**Special Group Walks – Jan 13-15**

**Jan 1 – Dec 31, 2018**



**ARCADIA – BIENVILLE PARISH**



Arcadia Visitor – 1876 N Railroad St

**COUSHATTA – RED RIVER PARISH**



Red River Parish Courthouse – 615 E Carroll

**RUSTON – LINCOLN PARISH**



Louisiana Military Museum – 201 Memorial Dr

**LAKE CLAIBORNE STATE PARK  
CLAIBORNE PARISH**



Lake Claiborne – 225 State Park Rd, Homer

**LAKE D'ARBONNE STATE PARK  
UNION PARISH**



Lake D'arbonne – Parish Rd 4410, Farmerville

**JIMMIE DAVIS STATE PARK  
JACKSON PARISH**



Jimmie Davis – 1209 Start Park Rd, Chatham